# Quality of life

education, health, work and society



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We dedicate this book to those who experience the tensions of studying and/ or working on site or remotely and feel overwhelmed by their tasks. Their drives, determined by the market demands, have modified their essence, their natural features, and their life ideals. It is an opportunity to unveil, raise awareness and subvert such logic, demystifying it in relation to the global productivity control system. The reading proposes cure through Education, through Health education, through awareness of the meaning of Work and broad sustainability of globalized life in Society.



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This work was developed by three hands.

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Rather than innovating, but with the intention of challenging a little the knowledge produced regarding quality of life, the interdisciplinary hand of a doctor who is also a lawyer and a system analyst cannot rest without thanking. Thanking the two other hands for the motivation, idealization and support shared in this project.

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Claudio Pinto Nunes



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